

# FLFE HYDRATION PROGRAMMING INFORMATION

First and foremost, meeting hydration and electrolyte requirements is your first step toward feeling great – not only in the FLFE environment but as an overall part of your health.

Within the activated FLFE field are positive thoughts in the form of requests to Divinity which we call “Programs”. The Hydration Program in the Home/Business/Non-Profit Subscriptions contains the following Programs:



Correct anything restraining each person living in, working in or visiting properties on the FLFE service from being optimally hydrated in the most efficient and effective way, including and not limited to the following:

- Correct anything restraining the surface tension of all of the water on FLFE properties to be at the most appropriate level.
- Remove any negative memory from all of the water on FLFE properties and remove any negative memory from all of the water in the body of each person on FLFE properties.
- Correct anything restraining the micro-clustering or any other effective and appropriate structuring from occurring on the FLFE properties so that the water can efficiently enter the cells of the body of each person there.
- Correct anything restraining the creation of optimal conditions for hydration in all systems in the body of each person on the FLFE property.
- Correct anything restraining each cell in the body of each person on the FLFE property from increasing its ability to move water through the cell membrane in the most efficient and appropriate way.
- Correct anything restraining the Increase in operational efficiency of lymph glands for an optimally active lymph system for hydration and for other lymph system functions for each person on the FLFE property.
- Correct anything restraining the adjustment of thirst for pure simple water for each person on the FLFE property to the most appropriate level.